

ePi Art presents a new approach to research and creativity.

It integrates the power of art into the evidence creating process to improve public health.

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# ePi Art vol.1

## Our Well-being

February 17th, 2024

Open 10:00 Start 10:30 End 15:00

Kyoto University

Former Head Office of Forest Research Station, North Campus

Price Free

Reservations

Please RSVP using the Google Form

<https://forms.gle/Msh2gTD4uZG1Xj9DA>



Organized by Habu Hiroshi

In collaboration with World Association of Wayfaring

Supported by JST COI-NEXT "Art Communication Co- Creation Hub for a Convivial Society," Kyoto University Institute for the Future of Human Society "FY 2023 Collaborative Research Project" (Principal Investigator: Kondo Naoki) and Kyoto University "FY 2023 Cross- Sectoral Research Platform Development Program" (Principal Investigator: Habu Hiroshi)

# ePi Art vol.1

ePi Art presents a new approach to research and creativity. It integrates the power of art into the evidence creating process to improve public health. This approach facilitates co-creation in various forms.

With members from diverse backgrounds, the project explores enriching processes, places, and relationships. By engaging with common themes that utilize each participant's unique talents and interests a new multidimensional way is forged.

The term "ePi Art" incorporates concepts such as Evidence and Epidemiology, along with Process, Public Health, Play, Poetry, Participation, Performance, and Practice—all emphasized with a capital P—to form new meanings.

Since October 2023, ePi Art has been conducting sessions to explore shared themes. Researchers and artists have gathered since January 2024 to delve into the concept of Well-being, to consider it in the broadest scope of health and happiness. Five online sessions were held.

At ePi Art vol.1, we will further delve the concept of Well-being through interactive sessions between the hosts and participants.

Please feel free to join us!

## Host Members and Session Highlights:

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■ **Arai Norihisa** (Cultural Anthropologist & Latin American Researcher) will delve into the "Unconscious of Well-being" in indigenous communities' concept of "good living," connecting deeply with the unconscious in activities like walking, gifting, art, festivals, and journeys, focusing on cases from South American indigenous peoples and engaging in dialogue with participants.

■ **Enami Taisuke** (Musician) will conduct a "Listening Session" where participants use empty bottles to create sounds as an alternative to their own voice, focusing on listening to sounds produced by the bottles.

■ **Ohsuga Mieko** (Professor, Faculty of Robotics and Design, Osaka Institute of Technology) will present "Measuring and Feeling Breath," using a device that detects the movement caused by breathing to light up LEDs, allowing participants to share the experience of breathing together.

■ **Kita Kodai** (Artist) will discuss the process of creating and presenting a single piece of art, likening it to a journey filled with discoveries and moments of well-being, using his own works as examples.

■ **Komagome Aiko** (Lecturer, Arts-based communication platform for co-creation to build a convivial society, Tokyo University of the Arts) will discuss "Clay and Conversation," reflecting on the communication that occurs through creative work with autistic children, exploring the perspectives and views involved in communication and creation.

■ **Habu Hiroshi** (Artist / Researcher, Department of Social Epidemiology, Graduate School of Medicine and School of Public Health, Kyoto University) will explore "ePi Art and Planetary Human Well-being," discussing the essence of ePi Art and ways to evaluate well-being with participants.

■ **Hayashi Hiroki** (Nihonga Painter / Assistant, Arts-based communication platform for co-creation to build a convivial society, Tokyo University of the Arts) will present "Fragments of Connection - Epistles," exploring the concept of a good life through five sessions of "ePi Art: Deepening the Image of Well-being."

■ **Yamamoto Seiko** (Artist) will present "White White," screening her video works online and discussing the concepts of white violence and vivid darkness.

■ **Yoshimoto Kazuki** (Photographer) will introduce "Well Walking," reflecting on the act of walking and the experiences it generates, based on his personal walking experiences and workshops.

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